Peak Protocol Rx

A PLAIN-ENGLISH GUIDE TO READ BEFORE YOU PAY

7 questions to ask before you start an online treatment program.

Compare the physician, the medication, the price, the follow-up and the marketing before you choose.

HOW TO USE THIS GUIDE

Ask each program the same 7 questions and write down what it says. Mark every answer Clear, Partly or Unclear on page 5. A good-looking website is not an answer. A direct answer in writing is.

1 Who makes the medical decision?

ASK	Who reviews my health history? Is that person a physician licensed in my state? Can the answer be that this treatment is not right for me?
SLOW DOWN IF	A prescription is promised before anyone has looked at your history, you cannot tell who the prescriber is, or the review is described as a quick formality.
LOOK FOR	A licensed professional, clearly identified, who uses independent judgment. Treatment should be prescribed only when that person decides it is medically appropriate.

2 What exactly would I be taking?

ASK	What is the medication, by name? Is it FDA-approved or compounded? Which pharmacy fills it, and why was this option chosen for me?
SLOW DOWN IF	A compounded medication is called a generic, or "the same as" or "equivalent to" a brand-name drug, or the product is described only in vague terms.
LOOK FOR	The product and its status stated plainly, a licensed U.S. pharmacy, and no claim that a compounded medication matches a brand-name one.

3 What will it really cost?

ASK	What do I pay today, and what do I pay each month after that? What is included? What can cost extra? For a package of several months, what is the total?
SLOW DOWN IF	Only the lowest monthly number is easy to see, the first payment is hard to find, or new fees appear after you enter your card.
LOOK FOR	Every price in writing before you pay: the first payment, each month after, any package total, what is included, and the refund rules.

4 What happens after the first visit?

ASK	How do follow-ups work? How do I ask a question or report a side effect, and how soon is the reply? Who decides whether my dose changes or treatment stops?
SLOW DOWN IF	The program says a great deal about getting medication and very little about the care that follows.
LOOK FOR	A clear way to reach the care team, and a licensed physician who stays responsible for every treatment decision.

5 What comes with it besides the medication?

ASK	What does the program say about nutrition, training, sleep and habits? Are lab work and check-ins part of the plan?
SLOW DOWN IF	Medication is presented as the whole plan, or as a shortcut that replaces the work.
LOOK FOR	Medical oversight, plus honest guidance about what you still have to do yourself. Medication does not replace an evaluation or ongoing care.

6 How do cancelling, refunds and shipping work?

ASK	How do I cancel, and when does it take effect? What can be refunded? What happens if my order has already gone to the pharmacy, or arrives late or damaged?
SLOW DOWN IF	The policy is missing, hard to find, or shown only after you have paid.
LOOK FOR	Written policies you can read before you pay, including how a monthly plan and a package of several months differ.

7

What do the marketing claims actually prove?

ASK	Where does this number come from? Was the study done on this exact product, or on a different one? Are the reviews and the before-and-after pictures real, and are they typical?
SLOW DOWN IF	Results are guaranteed, a compounded product is called "clinically proven", the results of a brand-name drug are used to sell a different product, or a countdown clock pushes you to decide now.
LOOK FOR	Sources you can check for yourself, a plain statement that results differ from person to person, and no guarantees.

3 things to do before you pay.

They take about 10 minutes and they cost nothing.

1. **Find the first payment and the monthly price.**
   Write both numbers down. If you cannot find 1 of them, ask for it in writing.
2. **Read the cancellation and refund policy.**
   Look for what happens once an order has been sent to the pharmacy.
3. **Check the status of the medication.**
   FDA-approved and compounded are not the same thing. A good program tells you which one it is before you ask.

Write the answer down before you decide.

An unclear answer is a reason to slow down and ask for the policy in writing.

PROGRAM: _____	CLEAR	PARTLY	UNCLEAR
1 Who makes the medical decision?	☐	☐	☐
2 What exactly would I be taking?	☐	☐	☐
3 What will it really cost?	☐	☐	☐
4 What happens after the first visit?	☐	☐	☐
5 What comes with it besides the medication?	☐	☐	☐
6 How do cancelling, refunds and shipping work?	☐	☐	☐
7 What do the marketing claims actually prove?	☐	☐	☐

FIRST PAYMENT: $ _____ EACH MONTH AFTER: $ _____ PACKAGE TOTAL: $ _____

NOTES

How Peak Protocol Rx answers the same 7 questions.

We should pass our own checklist. Here is what we say, in writing.

1. **An independent licensed physician decides.**
   The physician is licensed in your state and does not work for Peak Protocol Rx. The answer can be that treatment is not appropriate.

2. **Every option is labeled.**
   FDA-approved or compounded is stated beside the name. We never call a compounded medication a generic. Licensed U.S. pharmacies dispense every prescription.

3. **The price comes first.**
   The first month, each month after and every package are on the website before you start. No membership fee. No separate consultation fee.

4. **Care continues after the first order.**
   Messaging with the Care Team and licensed physicians, regular check-ins, and dose adjustments decided by a physician.

5. **Medication is 1 part of the plan.**
   Our library explains each treatment in plain English. Your physician advises on your plan. The training, food and sleep are still yours to do.

6. **Cancel any time by email.**
   A supply that has gone to the pharmacy cannot be returned or refunded. If a shipment arrives damaged, incorrect or not at all, we put it right.

7. **No promises about results.**
   Sources are listed on each treatment page, and we say plainly that results differ from person to person.

Still have questions?

Schedule a free, no-obligation Care Team consultation, or see every treatment and price.

peakprotocolrx.com

This guide helps you compare programs. It does not tell you whether a prescription treatment is right for you. Every medical decision is made by a licensed physician, and medication is prescribed only when a physician decides it is medically appropriate. Prescription medications, including GLP-1 medications, are not right for everyone. Results vary. Compounded medications are not FDA approved. This guide is general education and is not medical advice. Peak Protocol Rx is a marketing, e-commerce and administrative services company. It is not a medical practice, a telehealth provider or a pharmacy. Services are provided by telehealth. © 2026 Peak Protocol RX LLC.